



Hot Milk

Deborah Levy

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A *New York Times* Notable Book of the Year.

Shortlisted for the 2016 Man Booker Prize, *Hot Milk* moves "gracefully among pathos, danger, and humor" (*The New York Times*).

I have been sleuthing my mother's symptoms for as long as I can remember. If I see myself as an unwilling detective with a desire for justice, is her illness an unsolved crime? If so, who is the villain and who is the victim?

Sofia, a young anthropologist, has spent much of her life trying to solve the mystery of her mother's unexplainable illness. She is frustrated with Rose and her constant complaints, but utterly relieved to be called to abandon her own disappointing fledgling adult life. She and her mother travel to the searing, arid coast of southern Spain to see a famous consultant--their very last chance--in the hope that he might cure her unpredictable limb paralysis.

But Dr. Gomez has strange methods that seem to have little to do with physical medicine, and as the treatment progresses, Sofia's mother's illness becomes increasingly baffling. Sofia's role as detective--tracking her mother's symptoms in an attempt to find the secret motivation for her pain--deepens as she discovers her own desires in this transient desert community.

Hot Milk is a profound exploration of the sting of sexuality, of unspoken female rage, of myth and modernity, the lure of hypochondria and big pharma, and, above all, the value of experimenting with life; of being curious, bewildered, and vitally alive to the world.

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