



# The Art of Doubles: Winning Tennis Strategies and Drills

*Pat Blaskower*

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## Take Your Doubles Game to the Next Level!

Whether you're trying to improve your doubles game or are just getting started playing tennis with a partner, *The Art of Doubles* is the book for you. Author **Pat Blaskower** is your personal coach, guiding and encouraging you and your partner to play winning tennis by showing you how to:

- choose a compatible partner
- determine your jobs on the court
- learn poaching skills
- communicate with each other and opposing teams
- maintain mental toughness
- use various formations and strategies
- pick your shots intelligently
- decide where to play: tournaments or leagues
- and much, much more!

The book also includes detailed court diagrams that show you how to execute offense, defense, and tactical plays; checklists that summarize the most important points of each chapter; and on-court drills to help you improve and refine your skills. *The Art of Doubles* is loaded with practical, proven tennis strategies that you can put to work immediately to see improvements in your own doubles game!

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