



Ditch Your Glitch: A Purposeful Journey

Kate Emmerson

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This book is a purposeful Journey to face your "glitch." Ditch your glitch is true to Kate's well-loved style of being honest, authentic, inspirational and compassionate. Her unique process of step in, step up and step out into the world helps you shift gears exponentially to find a new way forward to shine your light. It's filled with snippets of her own fascinating life story and interwoven with success stories from brave clients who faced their glitch. This book takes you on a powerful yet practical journey to the self, through deep, inner exploration and transformation so that you can heed her call to live a life of magnificence.

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