



# Top Ten Crystals for Brain Focus, De-Stress and Weight Loss in 30 Days: Mother Nature's gifts

*Miss Shiela Kip*

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**Top Ten Crystals for Brain Focus, De-Stress and Weight Loss in 30 Days: Mother Nature's gifts** Miss Shiela Kip

This book will show you how crystals have the ability to de-stress your brain, attract your desires, and assist you physical healing while achieving your life's desires. This book will guide you through one of the ten most popular crystals and what makes each one special for a specific purpose. If you feel out of balance, stressed out, heart broken, mentally or physically ill or just need an energy boost. This book perhaps found you. Let's face it, today's world is hectic, especially for the urban dweller trying to make a living, provide for a family, climb up in their career or increase their willpower. If you are reading this book, you have come to the perfect place to start aligning your life...naturally, without chemicals, hormone disrupters, or pharmaceutical medication. Take control of your life organically with gifts from the earth.

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