



Singles Strategy: High Percentage Tennis - Quick-Fix Book

Grant Grinnell

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This (quick-fix) book coaches you how to play the right shot at the right time by defining the high percentage play vs exploiting the weakness of your opponent. It pinpoints fundamental singles analytics and uses the geometry of the court to determine shot combinations and winning patterns of play.

The content is pointed, cuts right to the chase, is in layman's terms, and is summarized into powerful bullet point sections for (instant access). The book is the culmination of 38 years coaching, 50,000 hours on-court experience, years of seeking uncommon knowledge, and decades of creating systems to find the most (efficient and effective) methods to help students find their best fast!.

In addition to the high percentage play, the book has two additional sections. How to beat any style player and a mental toughness section that defines winning philosophies and mindsets.

The strategy section provides powerful 1-2-3 tactics for how to beat any style player including: a big server, a great returner, aggressive baseliner, pusher, counter-puncher, hacker-slicer, and all-court player.

The mental toughness section uniquely redefines attitudes regarding winning and losing, competition, pressure, mistakes, fear, and choking to teach you how to play up and (stretch) the upper limits of your ability.

Overall, this book is tailored to save you time, enhance the decision making process, free your mind and emotions from blocking the flow of your body, and give you the instantaneous singles tactical wisdom to consistently win.

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