



# **Plant-Powered Women: Pioneering Female Vegan Leaders Share Their Vision for a Healthier, Greener, More Compassionate World**

*Kathy Divine*

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Women with compassion. Women who love animals. Women who respect their bodies and cherish their health and wellbeing. Women who are pioneering and blazing a trail to create a kinder, sustainable and just world for all. Meet Plant-Powered Women. In these pages, you will connect with women from across the globe who are thriving on a plant-powered (vegan) diet and lifestyle. Be inspired by their powerful, encouraging and supportive words and their depth of experience living a healthy and compassionate life. Their strength will become your strength. These women are your mentors for embarking on a new path that goes way beyond food choices. They will take you on unforgettable journeys with them and leave you ready and equipped to go forth and experience a new way of seeing and being in the world. The inspiring contributors to this book include plant-powered health professionals, athletes, a chef, the CEO of The Vegan Society, media pioneers and journalists, animal sanctuary founders as well as women who have revitalised their health by embarking on the vegan lifestyle. If you are ready to take your health to the next level and tread more lightly on the planet, ***Plant-Powered Women*** will inspire you to take those life-changing steps. Part memoir, part cookbook, part crusade - ***Plant-Powered Women*** is an enlightened perspective on veganism, women and their professional and personal success. Filled with inspiration and wisdom, ***Plant-Powered Women*** shares profiles of prominent vegan women who've made their mark in every arena of life. From athletes to vegan advocacy to media professionals, readers everywhere will resonate with their phenomenal stories. These women pull no punches when it comes to their pursuit of health, peace and an eco-friendly world. They aren't just creating a legacy, they are living legends! Get your copy today and join these ladies on their quest for success in every area of their lives--you're more than worth it! Plant-Powered Women: Happier, Healthier, Stronger

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