



Adult Coloring Journal: Survivors of Incest Anonymous (Mythical Illustrations, Abstract Trees)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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Sophia Myers:

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Carol McElroy:

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Irene Carpenter:

Reading can called imagination hangout, why? Because while you are reading a book specifically book entitled Adult Coloring Journal: Survivors of Incest Anonymous (Mythical Illustrations, Abstract Trees) your head will drift away trough every dimension, wandering in each and every aspect that maybe unknown for but surely can be your mind friends. Imaging just about every word written in a guide then become one contact form conclusion and explanation that maybe you never get previous to. The Adult Coloring Journal: Survivors of Incest Anonymous (Mythical Illustrations, Abstract Trees) giving you an additional experience more than blown away the mind but also giving you useful info for your better life in this era. So now let us demonstrate the relaxing pattern this is your body and mind will probably be pleased when you are finished looking at it, like winning a casino game. Do you want to try this extraordinary investing spare time activity?

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