



# Everyone Can Cook Slow Cooker Meals

*Eric Akis*

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## **Everyone Can Cook Slow Cooker Meals** Eric Akis

Known for his accessible approach to cooking, Eric Akis returns to the Everyone Can Cook Series with recipes for your slow cooker! Each of those recipes has a suggested dish to create a complete meal, whether it's for a workday or special occasion. For Eric Akis, becoming a slow cooker convert was no easy task. As a professionally trained chef and accomplished food writer, the idea of throwing everything in a pot and leaving it for 8 hours seemed like a cop-out. All it took, however, was one recipe to see the benefits of this everyday appliance. Filled with delicious slow cooked main dishes and perfect sides to go with them, Everyone Can Cook Slow Cooker Meals is the must-have accompaniment to any slow cooker. Get out your slow cooker and make dishes like: . Spiced Yam and Red Pepper Soup with Yogurt . Snapper Veracruz-style . Durban-style Chicken Curry . Sake Soy Short Ribs



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