



Cooking the African Way (Easy Menu Ethnic Cookbooks)

Bertha Vining Montgomery, Constance Nabwire

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In Cooking the African Way, author Nabwire and Montgomery invite readers to discover the cooking and culture of East and West Africa. Follow the clear, step-by-step instructions to make such exotic dishes as egusi soup, fufu, peanut sauce, jollof rice, and baked plantain on the shell.



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