



Journey to Enlightenment

Ross Bishop

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Enlightenment may not be as unreachable as you think. Author and shaman Ross Bishop writes: Life is not about becoming something different than you already are. Life is about finding out that it's safe to let go of what you're not - of all the protective things you cling to that hold you back. You are already the magnificent being you are becoming. The evolution is in your consciousness. Your learning the truth is the crux of the transformational process called enlightenment. The difficulty comes in letting go of your limiting beliefs, so that you can be free to be who you truly are. Most of us are afraid that if we let go of who we think we are, we will be left naked and alone out in the cold. In *Journey to Enlightenment*, Bishop provides a most insightful perspective on why things in life happen as they do and what you can do about them. He explains why you created your beliefs, how they get in your way and more importantly, he offers effective techniques for healing the hurt that lies beneath them, including a clearly explained, and easily presented, version of the ancient shamanic journey process, to help you move closer to enlightenment. Ross discusses a host of other topics including an interesting perspective on why it is difficult to change, living in the God Space, dealing with entities, The Misunderstanding, past lives and an entire chapter on learning to work with the power of gratitude.

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William Johnson:

A lot of people always spent their very own free time to vacation or even go to the outside with them loved ones or their friend. Do you know? Many a lot of people spent they free time just watching TV, as well as playing video games all day long. If you want to try to find a new activity that is look different you can read the book. It is really fun for yourself. If you enjoy the book that you simply read you can spent all day every day to reading a reserve. The book Journey to Enlightenment it is very good to read. There are a lot of people who recommended this book. They were enjoying reading this book. When you did not have enough space to develop this book you can buy the actual e-book. You can m0ore simply to read this book out of your smart phone. The price is not too expensive but this book offers high quality.

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