



# Theory-Directed Nursing Practice: Second Edition

*Shirley Melat Ziegler PhD RN*

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## **Theory-Directed Nursing Practice: Second Edition** Shirley Melat Ziegler PhD RN

The second edition of this popular textbook continues to demonstrate the application of theory to nursing practice, presenting a clear strategy for choosing and applying specific theories to specific clinical situations.

Each chapter follows a common format: a case is presented, along with several possible theories that might be applied to it. Each theory includes a concise description, with references and recommended readings for those who want more in-depth coverage. Finally one theory is selected for each case and is described in detail, ultimately creating a nursing care plan, with support from the theory. In all, nearly 10 middle-range theories are presented.

New to this edition is a selection in each chapter about research supporting the theories discussed. In recognition that a case study format can not encompass all practice circumstances, the final chapter provides the framework for using the strategy in any clinical situation.

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