



Fifty Foods That Changed the Course of History

(Fifty Things That Changed the Course of History)

Bill Price

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A beautifully presented guide to the foods that have had the greatest impact on human civilization.

Though many of the foods in this book are taken for granted and one (the mammoth) is no longer consumed, these foods have kept humans alive for millennia and theirs is a fascinating story.

Like the other titles in this highly-regarded series, this book organizes the fifty foods into short illustrated chapters of fascinating narratives: the "who, where, when, why and how" of each food's introduction and its impact on civilization in one or more cultural, social, commercial, political or military spheres.

These stories span human history, from our hunter-gatherer ancestors to the transatlantic slave trade, from the introduction of frozen foods, prohibition and the rise of the Mafia, to the powdered milk scandal in China. Another example is golden rice, the first genetically modified food developed for the good of humanity rather than solely for profit.

Most of the foods are familiar and their importance obvious, such as bread, sugar, wine, potato, beef and rice. Others are far less obvious. The fifty foods include:

- Mammoth - the prehistoric giant hunted to extinction
- Spartan black broth - the stew that sustained an army
- Paella - the Moorish origin of jambalaya
- Hardtack - kept Crusaders and conquerors alive
- Cassoulet - a French town under siege "makes do" and creates a controversial masterpiece
- Sugar - European taste for sugar and the transatlantic slave trade that ensued
- Hamburger - the democratization of the world
- Bananas - a murky US-EU trade war.

Fifty Foods That Changed the Course of History is an informative and entertaining look at how what we eat has made us who we are.

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From reader reviews:

Arnold Allison:

Often the book Fifty Foods That Changed the Course of History (Fifty Things That Changed the Course of History) has a lot of knowledge on it. So when you read this book you can get a lot of profit. The book was published by the very famous author. McDougal makes some research just before write this book. This book very easy to read you will get the point easily after reading this article book.

Courtney Osteen:

Exactly why? Because this Fifty Foods That Changed the Course of History (Fifty Things That Changed the Course of History) is an unordinary book that the inside of the reserve waiting for you to snap the idea but latter it will shock you with the secret that inside. Reading this book next to it was fantastic author who write the book in such incredible way makes the content within easier to understand, entertaining method but still convey the meaning thoroughly. So , it is good for you for not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of gains than the other book include such as help improving your talent and your critical thinking approach. So , still want to postpone having that book? If I ended up you I will go to the publication store hurriedly.

Annie Hiatt:

Reading can called imagination hangout, why? Because if you are reading a book particularly book entitled Fifty Foods That Changed the Course of History (Fifty Things That Changed the Course of History) your thoughts will drift away trough every dimension, wandering in each and every aspect that maybe not known for but surely will end up your mind friends. Imaging each word written in a book then become one application form conclusion and explanation which maybe you never get just before. The Fifty Foods That Changed the Course of History (Fifty Things That Changed the Course of History) giving you yet another experience more than blown away your thoughts but also giving you useful data for your better life in this era. So now let us teach you the relaxing pattern here is your body and mind will probably be pleased when you are finished studying it, like winning a game. Do you want to try this extraordinary wasting spare time activity?

Lucille Yang:

The book untitled Fifty Foods That Changed the Course of History (Fifty Things That Changed the Course of History) contain a lot of information on this. The writer explains your ex idea with easy way. The language is very simple to implement all the people, so do not necessarily worry, you can easy to read the idea. The book was written by famous author. The author brings you in the new period of literary works. You can easily read this book because you can please read on your smart phone, or product, so you can read the book with anywhere and anytime. If you want to buy the e-book, you can wide open their official website in addition to order it. Have a nice go through.

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