



# Food and Chinese Culture: Essays on Popular Cuisines

*Zishan Chen*

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## Food and Chinese Culture: Essays on Popular Cuisines Zishan Chen

This unique book is a collection of essays on Chinese food and culture by some of China's most well-known writers and cultural critics. Included are essays by Lin Yutang, Wang Meng, and others, which run the gamut from some of the greatest delicacies in history to everyday roadside snacks cherished since childhood; the meaning of food to the Chinese, its preparation, enjoyment, and its role as the essence of life. The myriad variety of Chinese food and all its cultural components are represented, resulting in a revealing and enlightening appraisal of what truly lies at the heart of Chinese food and its culture.



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