



The Book of Tea and Herbs: Appreciating the Varietals and Virtues of Fine Tea and Herbs

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The Book of Tea and Herbs: Appreciating the Varietals and Virtues of Fine Tea and Herbs

This accessible, copiously illustrated handbook becons the reader to journey from the tea gardens of Asia to the tea rooms of Europe and North America, sampling the finest full-leaf teas along the way. It's the only concise chronicle to the joys of both teas and herbal beverages...with comprehensive listings of tea varieties and herb types. *The Book of Tea and Herbs* is everyone's guide to an enlightening and pleasurable quest through that most ancient, and most contemporary, world of the magical and soothing beverage called Tea.

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