



PROFESSIONAL COACHING! Is it Time to Hire a Coach?: 10 practical questions & answers to help you decide

Nathalie Ducrot, Francoise Depery, Virginia Williams

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PROFESSIONAL COACHING! Is it Time to Hire a Coach?: 10 practical questions & answers to help you decide Nathalie Ducrot, Francoise Depery, Virginia Williams

A “must have” reference guide for anyone before, during and after the entire coaching process! What is Professional Coaching? What can you expect? When? How? And with whom? What is a “real” coach? How do you find one? What is coaching and what is not coaching? You hired a coach, now how do you manage the process? With this practical guide and its many examples and testimonies, you will discover how coaching works, how to take advantage of coaching, and what it can do for you. Three internationally recognized professional coaches explain their craft, its possibilities, its limitations and the "know how" of coaching. The authors offer simple, concrete and documented responses to a series of questions you ask yourself about professional coaches and coaching. A “must have” reference guide for anyone before, during and after the entire coaching process!



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