



## Art on the Run

*Kostas Patinios*

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## **Art on the Run** Kostas Patinios

Could running be considered a form of art?  
For the creators of this book, it most certainly is.

Two long distance runners meet on the field of creativity...

Feelings, thoughts, ideas, ponderings become transformed into images and poems which have running in common. A playful and philosophical journey into the world of the runner through the visual art of Pola Hadjipapa and the poetry of Kostas Patinios.

This is perhaps the only book where the three arts converge - running, poetry, and painting.

**Because happiness is a choice in motion...**

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