



Trauma Assessments: A Clinician's Guide

Eve B. Carlson PhD

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Providing the information and guidance clinicians need to understand and assess psychological trauma and its effects, this book presents a step-by-step approach to conducting careful, appropriate, and accurate trauma assessments. From the initial screening, to the selection and administration of more in-depth measures for particular clients, to evaluating results and making a diagnosis, the author helps readers maximize their time and resources and brings much-needed clarity to what can be a confusing and difficult process. Instruments covered include self-report measures and structured interviews of trauma and trauma responses for adults and children. Detailed profiles of 36 measures recommended by the author--many not previously described in the clinical literature, and many available at low or no cost--identify each instrument's suggested uses, special features, format, and psychometric properties, as well as how it can be obtained.

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