



Measurement Issues in Aging and Physical Activity: Proceedings of the 10th Measurement and Evaluation Symposium

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Based on the 10th Measurement and Evaluation Symposium, “Measurement Issues and Challenges in Aging Research,” *Measurement Issues in Aging and Physical Activity* considers research from experts around the world relating to the latest questions, challenges, and techniques in aging and measurement. The reference addresses a range of topics in aging research, including issues from the fields of kinesiology, biology, physiology, technology, urban planning, measurement, and statistics.

Measurement Issues in Aging and Physical Activity breaks new ground with a discussion of multicultural factors related to physical activity promotion and intervention. Ideas include using culture as a catalyst for active living and using culture-based physical activity as an alternative approach to promotion of active living. The reference further examines multicultural issues with a look at alternative medicine, including an account of a demonstration of qi-gong, a traditional Chinese exercise, from the symposium.

- Measurement Issues in Aging and Physical Activity also provides information on the benefits of and barriers to exercise in older adults;
- interventions to improve quality of life in older adults;
- advanced statistical methodologies, with discussion of structural equation modeling and longitudinal data analysis; and
- issues regarding training of future aging research and measurement specialists.

In addition, a new term, kinesmetrics, is introduced for the field of measurement and evaluation. Kinesmetrics is defined as a discipline for developing and applying measurement theory, statistics, and mathematical analysis to the field of kinesiology.

The groundbreaking *Measurement Issues in Aging and Physical Activity* explores subjects in a range of research topics. For both veterans and newcomers to the field, this reference will be a comprehensive guide to the latest research on aging in measurement and physical activity.

The 10th Measurement and Evaluation Symposium was supported by the American Association for Active Lifestyle and Fitness (AAALF), the American College of Sports Medicine (ACSM), the Measurement and Evaluation Council, the University of Illinois at Urbana-Champaign, and Human Kinetics.

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