



# Resilience In The Storm: Coming Back Stronger From The Storms In Your Life

*Tricia Andreassen*

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**Resilience In The Storm: Coming Back Stronger From The Storms In Your Life** Tricia Andreassen

Resilience in the Storm by Author Tricia Andreassen is a inspirational book, and spiritual growth book with devotional sections for writing. This book shares true stories of being resilient in the most challenging of storms that come in our life. Brave and courageous, Co-Authors from all walks of life share how they weathered through the most darkest times to find faith and strength to persevere and come back even stronger. Experiences ranging from miscarriage, divorce, financial loss,cancer survival and even the story from one of the youngest teen Authors on his personal story of bullying and facing the desire to live, these messages of how they were able to come through the other side will leaving you knowing that you can to. You can be resilient in the storm and come through the other side. If you are: - Facing a challenging situation... - Wondering "Is God Even Hearing Me?" - Feeling like your faith has gone and you don't know how to get it back. - Wonder if things will get better...hoping life will get better. - Feeling alone and wondering how you are going to take even one step further. - Going through divorce or grief from a passing of a loved one. - Fighting a way back to yourself but not sure how to. If you are holding on for dear life in the midst of struggle or loss, this book will give you hope, specific strategies, quotes, bible scriptures as well as journal prompts to help you uncover how to bring out the warrior that is within you. Resilience in the Storm by Tricia Andreassen is a wonderful book to use for yourself, with a book club or even in a bible study environment. Intentionally written to give you immediate breakthroughs in mindset and transformation with a lasting impact this book will be one you come back to time and time again as a reference.



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