



Spa Adult Coloring Book: Relaxation Thetawaves and Stress Relief Control Inspired Adult Coloring Book (Coloring Book for Adults)

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"Adult Coloring Book is absolutely a growing trend and consumers are really taking to the idea" We live in a sea of energy where color is working within us. It shines within our divine self, and radiates upon us from the sun. Research and observation has shown us that specific colors bring balance to our physical and emotional systems. Chromotherapy can easily be used as an alternative to Chinese acupuncture, achieving the same results in unblocking meridians without the discomfort of needles used in acupuncture.

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