



# **First Aid Manual: The Authorised Manual of St. John Ambulance, St. Andrew's Ambulance Association, and the British Red Cross**

*St. John New Zealand, St. Andrew's Ambulance Association, British Red Cross Society*

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This book provides expert first aid for your home. From first-aid essentials to life-saving procedures, it's worth having someone who knows what they are doing to cope with life's little (and big) emergencies. The new edition of this best-selling manual, published in association with the UK's three leading first-aid providers, gives you the knowledge you need instantly if someone falls ill or gets hurt. Its features are: user-friendly step-by-steps tell you how to treat casualties for more than 100 medical conditions and injuries from minor cuts and burns to traffic accident injuries to accessing casualties and personal protection; all first-aid procedures are illustrated photographically to give clear, detailed guidance; comprehensive section on basic techniques, like bandaging and applying dressings plus information on life-saving procedures and the latest resuscitation guidelines; and, quick-reference emergency section, also provided as a handy booklet great for a glove box or handbag. Keep it handy - for home, for work and for leisure.

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