



Smart Start: Building a Strong Foundation for Your Horse

Stacy Westfall, Sue M. Copeland

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Whether you want to build a solid foundation in your young horse or refresh an older horse's manners, this colt-starting program, featuring "emotional training," is for you. It's based on techniques Stacy Westfall used to win the prestigious Road to the Horse colt-starting competition in 2006.

Stacy Westfall shows you how to introduce pressure to a horse in a safe environment so he'll be able to control his fear in the real world, thus building his and your confidence, and making him a safer partner.

In *Smart Start*, you'll learn how to:

- Read your horse's body language to establish the communication necessary for safety and basic control
- Establish respect and build trust
- Develop responsiveness and self-confidence in your horse
- Gain independent control of his head, shoulders, and hips, which will increase your safety and ability to direct his movement both on the ground and under saddle
- Establish forward motion — the key to control when you mount up
- Use verbal cues
- Despook your horse



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Exactly why? Because this Smart Start: Building a Strong Foundation for Your Horse is an unordinary book that the inside of the guide waiting for you to snap this but latter it will surprise you with the secret the item inside. Reading this book beside it was fantastic author who all write the book in such wonderful way makes the content inside easier to understand, entertaining method but still convey the meaning totally. So , it is good for you because of not hesitating having this ever again or you going to regret it. This phenomenal book will give you a lot of gains than the other book possess such as help improving your skill and your critical thinking method. So , still want to postpone having that book? If I ended up you I will go to the guide store hurriedly.

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Jean Parks:

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