



# Elder Anthony of Optina

*Fr. Clement Sederholm*

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## **Elder Anthony of Optina** Fr. Clement Sederholm

Elder Anthony, born Alexander Ivanovich Putilov in 1795, came from a pious family of the Yaroslav Province, raised in the fear of God. Of Alexander and his four brothers, three became righteous abbots of renowned monasteries. From early youth Alexander dedicated himself with great zeal to the labors of desert dwelling.

The difficulties of the narrow and sorrowful path of the monastic life became joyful to Alexander through the rewards of spiritual consolations full of grace. To the 20-year-old Alexander, who had striven so long and so zealously toward monastic life, the short, dyed robe, covered with stains and patches, seemed, as he himself later expressed it, "more precious than royal purple."

ELDER ANTHONY OF OPTINA, the prima vita of 1869, is compiled not only from the information of his own personal notes, journals, and letters, but also from memoirs of his spiritual children, particularly the disciple of St. Herman of Alaska--the saintly Sergius Yanovsky--who became a disciple of Elder Anthony after returning from America.

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