



Adult Coloring Journal: Co-Dependents Anonymous (Animal Illustrations, Simple Flowers)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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The reason why? Because this Adult Coloring Journal: Co-Dependents Anonymous (Animal Illustrations, Simple Flowers) is an unordinary book that the inside of the reserve waiting for you to snap this but latter it will surprise you with the secret this inside. Reading this book alongside it was fantastic author who write the book in such wonderful way makes the content inside of easier to understand, entertaining way but still convey the meaning thoroughly. So , it is good for you for not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of gains than the other book have such as help improving your skill and your critical thinking approach. So , still want to hold up having that book? If I were you I will go to the guide store hurriedly.

Shannon Palmer:

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