



Supplements for Strength-Power Athletes

Jose Antonio, Jeffrey Stout

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- acetyl L-carnitine,
- branched-chain amino acids,
- chromium,
- glycerol,
- glutamine,
- caffeine,
- octacosanal,
- sodium citrate, and
- zinc-magnesium complex.

Whether you're competing on the football field or basketball court or looking to build a stronger physique, let *Supplements for Strength-Power Athletes* help you find the performance edge you're looking for.

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