



# I Wish He Had Come with Instructions: The Woman's Guide to a Man's Brain

*Mike Bechtle*

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## I Wish He Had Come with Instructions: The Woman's Guide to a Man's Brain Mike Bechtle What Is He *Really* Thinking?

When a woman begins a relationship with a man, she may think she's found her knight in shining armor. As the relationship continues, that armor can begin to feel like a barricade she just can't get past it. What's he hiding in there, anyway?

Relationship and communication expert Mike Bechtle offers women an insider's guide to the puzzling male brain. Simple and practical, this book provides women with a roadmap for better conversations and improved relationships. Bechtle reminds readers that men and women share many similarities, and by embracing those similarities they can better deal with differences. He explains how men think, act, communicate, and grow in relationships, and even offers tips for communicating in a toxic relationship.

Wives, girlfriends, mothers, daughters, friends, and coworkers will find real help within these pages.



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