



The Yijing Medical Qigong System: A Daoist Medical I-Ching Approach to Healing

Suzanne Friedman

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Yijing (I-Ching) theory is the foundation of Daoism and Chinese medicine, and this book explores the deep roots that they both share. Daoism and Chinese medicine both view the human body as a microcosm of the universe around us; what is happening outside



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