



Judy Hall's Complete Crystal Workshop

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Judy Hall's Complete Crystal Workshop Judy Hall

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Features interactive exercises that help you to tailor the book to your needs, journaling sections for you to write down your own experiences and a step-by-step learning programme that guides you to revision work and more advanced exercises. Perfect for novice and practised crystal users alike, this holistic, integrated and practical guide is your own personal crystal workshop in a book.

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