



From Chaos to Coherence: Psychotherapy with a Little Boy with ADHD

Elisabeth Cleve

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"...I am flooded with warmth for this little expert on the art of living, who has just realised that even he has the possibility to live a long life. My interpretation is that he trusts he will get the time he needs in therapy to reach, first adulthood, and, then, old age. Right now he believes he will continue to be in therapy for the rest of his life. He cannot imagine that it is going to come to an end. However, I have started to think about when we will have to part and I am not looking forward to it..."

"From Chaos to Coherence" is the true story, told in everyday language, of the adopted boy Douglas and his journey towards adulthood with the help of psychotherapy. Douglas has severe psychic, physical and social handicaps and is also diagnosed with ADHD. He is impulse-governed, aggressive, provocative and unable to interact with other children. He begins psychotherapy at the age of seven and continues weekly sessions for the next seven years.

The reader is invited into the child psychotherapy room to follow the work of Douglas and his therapist, author Elisabeth Cleve. The therapy can be described as physically intense work that evokes strong emotions in both Douglas and the therapist. We get to learn about their inner feelings, thoughts and actions during the different phases of the treatment.

The story of Douglas captivates the reader and provides an understanding of what is going on inside a troubled little boy. This beautifully written account of successful psychotherapy is painfully honest at times and manages to bring the therapy sessions to life for the reader. "From Chaos to Coherence" is an important book and vital reading not only for all involved in children's psychotherapy, but for all of us in search of a humane, informative and touching book.

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From reader reviews:

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Reading can called thoughts hangout, why? Because when you are reading a book mainly book entitled From Chaos to Coherence: Psychotherapy with a Little Boy with ADHD your brain will drift away trough every dimension, wandering in each and every aspect that maybe unfamiliar for but surely can be your mind friends. Imaging each word written in a guide then become one web form conclusion and explanation that maybe you never get prior to. The From Chaos to Coherence: Psychotherapy with a Little Boy with ADHD giving you an additional experience more than blown away your mind but also giving you useful information for your better life within this era. So now let us explain to you the relaxing pattern here is your body and mind will likely be pleased when you are finished reading it, like winning a sport. Do you want to try this extraordinary shelling out spare time activity?

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From Chaos to Coherence: Psychotherapy with a Little Boy with ADHD can be one of your starter books that are good idea. Many of us recommend that straight away because this book has good vocabulary that can increase your knowledge in vocab, easy to understand, bit entertaining but delivering the information. The copy writer giving his/her effort to get every word into delight arrangement in writing From Chaos to Coherence: Psychotherapy with a Little Boy with ADHD nevertheless doesn't forget the main place, giving the reader the hottest as well as based confirm resource details that maybe you can be one among it. This great information can certainly drawn you into completely new stage of crucial pondering.

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