



Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Sea Life Illustrations, Pastel Elegance)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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From reader reviews:

Joseph Tucker:

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David Russell:

A lot of people always spent their free time to vacation or perhaps go to the outside with them family members or their friend. Did you know? Many a lot of people spent these people free time just watching TV, or perhaps playing video games all day long. If you want to try to find a new activity that is look different you can read any book. It is really fun for you personally. If you enjoy the book which you read you can spent all day long to reading a e-book. The book Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Sea Life Illustrations, Pastel Elegance) it doesn't matter what good to read. There are a lot of people who recommended this book. We were holding enjoying reading this book. In the event you did not have enough space to bring this book you can buy the particular e-book. You can m0ore easily to read this book from the smart phone. The price is not very costly but this book offers high quality.

Brooke Gafford:

Is it anyone who having spare time after that spend it whole day by means of watching television programs or just lying on the bed? Do you need something totally new? This Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Sea Life Illustrations, Pastel Elegance) can be the answer, oh how comes? The new book you know. You are consequently out of date, spending your free time by reading in this brand-new era is common not a nerd activity. So what these books have than the others?

Mitchell Wilder:

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